


CHW 201 Training Outline

Mon 02/10/2025 to Fri 03/07/2025 from 9:30a-11a EST (except *2/17/2025, 2/11-2/13 9:30a-11:30a)

Dates in 2025	Module Title	Course Hours
Mon 2/10 Tues 2/11 Wed 2/12 Thurs 2/13 Fri 2/14	Mental Health First Aid (1 of 4) Mental Health First Aid (2 of 4) Mental Health First Aid (3 of 4) Mental Health First Aid (4 of 4) Navigating Boundaries for CHWs	1.5 2.0 2.0 2.0 1.5
Tues 2/18 Wed 2/19	Advocacy in Action: Amplifying CHW Impact Dilemmas to Decisions: A CHW's Ethical Dilemma	1.5 1.5
Thurs 2/20	Building Bridges: CHWs and Community Engagement	1.5
Fri 2/21	Navigating the Network: Resource Skills for CHWs	1.5
Mon 2/24	From Awareness to Action: Implicit Bias 201 for CHWs	1.5
Tues 2/25	Balance & Thrive: A Self-Care Journey for CHWs	1.5
Wed 2/26	Recidivism: Understanding & Addressing the Cycle	1.5
Thurs 2/27	CHW Resilience and Self-care: Identifying and Addressing Burnout, Compassion Fatigue, and Secondary Trauma	1.5
Fri 2/28	Health Promotion & Disease Prevention	1.5
Mon 3/3 Tues 3/4 Wed 3/5 Thurs 3/6 Fri 3/7	Workplace Excellence (TRANSITIONability) (1 of 5) Workplace Excellence (SUITability) (2 of 5) Workplace Excellence (PRESENTability) (3 of 5) Workplace Excellence (COMMUNICATIONability) (4 of 5) Workplace Excellence (WRITEability) (5 of 5)	1.5 1.5 1.5 1.5 1.5
	Total	30 hrs
<p>If interested in attending these trainings, complete this form for CHW 201 training</p> <p>*No class on Mon. 2/17/2025</p>		