



# CHW Strength

Strengthening the CHW Workforce

[www.CHWStrength.com](http://www.CHWStrength.com)



## COMMUNITY HAPPENINGS

FOR A LIST OF TRAININGS OFFERED AT  
**CHW STRENGTH**

[HTTPS://WWW.CHWSTRENGTH.COM/CALENDAR](https://www.chwstrength.com/calendar)

**VIRGINIA COMMUNITY HEALTH WORKER  
DEVELOPMENT COUNCIL, REQUEST TO BE  
ADDED TO THE LISTSERV BY EMAILING:  
COMMUNITYHEALTHWORKER@VDH.VIRGINIA.GOV**

**VIRGINIA CHW ASSOCIATION (VACHWA)  
MONTHLY MEET: SEPTEMBER 17TH, 2024  
- REGISTER BY VISITING [VACHWA  
MEETING LINK](#)**

[Latino-Centric Prenatal Care Training: Best  
Practices for Culturally Sensitive Care](#)

[Monday, September 23rd - October 21st  
6 pm -8 pm ET](#)

[\\$45](#)

[Registration link](#)

**SUPPORT BY DONATING TO THE  
CHW STRENGTH FOUNDATION MISSION  
AT [WWW.CHWSTRENGTH.COM/SUPPORT](http://WWW.CHWSTRENGTH.COM/SUPPORT)**



### [Top 20 Questions about Vaccination](#)

- [Why aren't all vaccines 100% effective?](#)
- [Why are there so many vaccines?](#)
- [Is natural immunity better than vaccine-acquired immunity?](#)

**[\\*visit to get the answer to all these questions\\*](#)**



[Immunizations: A \*\*Powerful\*\*  
Tool for Preventive Health](#)



[Advocating for Our \*\*Resilient\*\*  
Future: Student Support  
Services in Our Communities](#)



[Community \*\*Energy:\*\*  
Resource and Events](#)



[Sound Tips for a Healthy  
Back-to-School](#)

Celebrate Hispanic Heritage Month with us!

Join VHC for amazing events all month long. Discover more on the VHC website, and let's celebrate together!





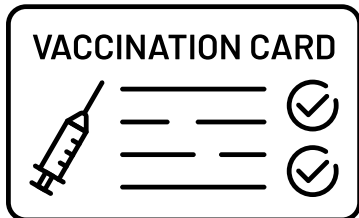
## POWER CORNER

# Immunizations: A Powerful Tool for Preventive Health

Getting vaccines and regular check-ups, which are called preventative health measures, is very important for kids starting school. Vaccines empower children by protecting them from serious illnesses like measles and whooping cough, and they help stop these diseases from spreading to others. When kids stay healthy, they miss fewer school days and can do better in class. Regular check-ups also help doctors catch any health problems early, so they can be fixed before worsening. By getting vaccines and following preventative health measures, kids can stay safe and strong, ready to learn and have fun at school.

Common Vaccines required to start school:

- DTaP
- IPV
- MMR
- Chickenpox
- Hepatitis A & B
- Hib
- PCV13
- Flu
- Meningococcal



-Jaída Wallace



## RESILIENCE

# Advocating for Our Resilient Future: Student Support Services in Our Communities



Communities play a crucial role in ensuring that every young person has the opportunity to succeed. Student support services in high schools—such as academic tutoring, mental health counseling, and disability accommodations—are vital for student well-being and academic success. However, access to these services is uneven, with disparities driven by school funding, size, and location. As community health workers and leaders, we must advocate for equitable access to these essential services. Our communities thrive when our children thrive. By fighting for comprehensive student support services in all high schools, especially in underfunded and rural areas, we can help build a stronger, healthier future for everyone.

Toni Connors

**CHW FORUM - Have a topic you want to discuss with other CHWs? We invite you to share in our forum.**

[HTTPS://WWW.CHWSTRENGTH.COM/FORUM](https://www.chwstrength.com/forum)





## ENERGY CORNER



## SOUND CORNER



# Community Energy: Resources and Events

Community health workers (CHWs) and their allies play a vital role in strengthening the bonds within our communities. To effectively organize volunteers and promote community resources, it's essential to actively engage with local events, such as back-to-school drives and health fairs. CHWs can enhance visibility by creating and distributing flyers while leveraging social media to spread the word. Encouraging volunteer participation is crucial; by hosting training sessions and developing a precise schedule, CHWs can ensure that volunteers are well-prepared to support these initiatives. These efforts not only provide essential resources but also foster a sense of unity and shared purpose within the community, aligning with CHW Strength's mission of holistic community engagement.

Toni Connors



# Sound Tips for a Healthy Back-to-School



Get ready to rock the 2024 school season with 5 quick tips to help you start the year strong! Whether you're a student, a CHW, or helping a client, these tips will ensure success every step of the way. 🌟 Watch this short video to learn more

Jaida Wallace



**LANGUAGE MATTERS: "Cultural Humility" is a powerful term gaining traction and could be a valuable addition to discussions around diversity and inclusion.** [Click to learn more](#)